

SEPTEMBER 2026

MEMORY CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Weights and vitals clinic 10:00 Sing Fit Exercise Class 11:00 Bingo 3:00 Dennis performance 3:00 Trivia with Snacks and Refreshment 4:15 Movie Time / Living Room	2 10:00 Exercise Class with Music 11:00 Music by Ben 1:30 Picture Painting with Water 3:00 Trivia with Snacks and Refreshment 4:15 Movie Time / Living Room	3 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Pet Visits 3:00 Trivia with Snacks and Refreshment 4:15 Movie Time / Living Room	4 Root Beer Floats 10:00 Exercise Class with Music 11:00 light house oasis 1:30 Balloon Volleyball 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	5 10:00 Sing Fit Exercise Class 11:00 Resident Led Activity 1:30 Outdoor or Indoor Games / Weather Permitting 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room
Carol D. Birthday 10:00 Worship 11:00 Exercise Class with Music 1:30 Reminiscing Old Times 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	6 Labor Day 10:00 Exercise Class with Music 11:00 card games 1:30 Make Strawberry Shortcake 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	7 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Make Fruit Salad 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	8 10:00 Exercise Class with Music 11:00 Music by Ben 1:30 Paper Plate Crafts 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	9 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Pet Visits 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	10 Italian Soda's 10:00 Exercise Class with Music 11:00 Door Hangers 1:30 Crafting Cont. 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	11 10:00 Sing Fit Exercise Class 11:00 Resident Led Activity 1:30 Outdoor or Indoor Games / Weather Permitting 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room
Karen K. Birthday 10:00 Worship 11:00 Exercise Class with Music 1:30 Reminiscing Old Times 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	13 10:00 Exercise Class with Music 11:00 card games 1:30 resident council meeting 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	14 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Ice Cream Social / Families Welcome 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	15 10:00 Exercise Class with Music 11:00 Music by Ben 1:30 Dominoes Racing 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	16 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Pet Visits 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	17 Kool Aid 10:00 Exercise Class with Music 11:00 Seashell Art 1:30 Seashell Art Cont. 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	18 10:00 Sing Fit Exercise Class 11:00 Resident Led Activity 1:30 Outdoor or Indoor Games / Weather Permitting 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room
10:00 Worship 11:00 Exercise Class with Music 1:30 Reminiscing Old Times 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	20 Joan L. Birthday 10:00 Exercise Class with Music 11:00 card games 1:30 Make Chocolate Pudding 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	21 Daniel H. Birthday / Ice Cream Cone Day 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Ice Cream Cone Social / Families Welcome 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	22 10:00 Exercise Class with Music 11:00 Music by Ben 1:30 make Pine Cone and Peanut Butter Bird Feeders 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	23 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Pet Visits 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	24 Suzanne L. Birthday / Ice Tea 10:00 Exercise Class with Music 11:00 Memory Games 1:30 Ping Pong Bounce for Candy 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	25 10:00 Sing Fit Exercise Class 11:00 Resident Led Activity 1:30 Outdoor or Indoor Games / Weather Permitting 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room
10:00 Worship 11:00 Exercise Class with Music 1:30 Reminiscing Old Times 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	27 10:00 Exercise Class with Music 11:00 card games 1:30 Make Peanut Butter Sandwiches 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	28 10:00 Sing Fit Exercise Class 11:00 Bingo 1:30 Make Thank you Cards 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	29 10:00 Exercise Class with Music 11:00 Music by Ben 1:30 Watercolor Painting 3:00 Trivia with Snacks and Refreshments 4:15 Movie Time / Living Room	30 		