


# Activities January 2025

Highland Court  
Memory Care

704 Melody Lane  
(360) 452-9086

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Dennis Blair Musician				
		Resident Council Meeting				
		Special Music				
			1	2	3	4
			9:30 Sit & Be Fit 11:00 Book Club 1:30 Word Games 3:00 Snack & Chat 3:30 Music Appreciation 4:30 Clean Up	9:00 Funny Videos 10:00 Music Appreciation 11:00 Black Out BINGO 1:30 Creative Arts 3:00 Snack & Riddle 4:30 Clean Up	9:00 Funny Videos 9:30 Sit & Be Fit 10:00 Balloon Volley 11:00 Crafting 3:00 Snack & Chat 4:30 Clean Up	1:30 Movie 3:00 Snack and Riddle 3:30 Creative Arts 4:30 Clean Up
5	6	7	8	9	10	11
9:00 Funny Videos 10:00 Worship 11:00 Coloring	1:30 Sing Fit 3:00 Snack & Chat 3:30 Creative Arts 4:00 Masked Singer 4:30 Clean Up	10:00 Resident Lead Activity 1:30 Classic Bingo 3:00 Snack & Riddle 3:00 Dennis Blair 3:30 Art with Angie 4:30 Clean Up	9:30 Funny Videos 10:00 Sit & Be Fit 11:00 Book Club 1:30 Word Games 3:00 Snack & Chat 4:30 Clean Up	9:00 Funny Videos 10:00 Music Appreciation 11:00 Blackout BINGO 1:30 Creative Arts/Craft 3:00 Snack & Riddle 3:30 Art Cont'd 4:30 Clean up	9:00 Funny Videos 9:30 Sit & Be Fit 10:00 Balloon Volley 11:00 Crafting 3:00 Snack & Chat 4:30 Clean up	1:30 Movie 3:00 Snack and Riddle 3:30 Creative Arts 4:30 Clean Up
12	13	14	15	16	17	18
9:00 Funny Videos 10:00 Worship 11:00 Coloring	1:30 Sing Fit 3:00 Snack & Chat 3:30 Creative Arts 4:00 Masked Singer 4:30 Clean Up	10:00 Resident Lead Activity 1:30 Classic BINGO 3:00 Snack & Riddle 3:30 Art with Angie 4:30 Clean Up	9:30 Funny Videos 10:00 Sit & Be Fit 11:00 Book Club 1:30 Word Games 3:00 Snack & Chat 3:30 Music Appreciation 4:30 Clean Up	9:00 Funny Videos 10:00 Music Appreciation 11:00 Blackout BINGO 1:30 Creative Arts/Craft 3:00 Snack & Riddle 3:30 Craft Cont'd 4:30 Clean up	9:00 Funny Videos 9:30 Sit & Be Fit 10:00 Balloon Volley 11:00 Crafting 3:00 Snack & Chat 4:30 Clean up	1:30 Movie 3:00 Snack and Riddle 3:30 Creative Arts 4:30 Clean Up
19	20	21	22	23	24	25
9:00 Funny Videos 10:00 Worship 11:00 Coloring	1:30 Sing Fit 3:00 Snack & Chat 3:30 Creative Arts 4:00 Masked Singer 4:30 Clean Up	10:00 Resident Lead Activity 1:30 Classic BINGO 3:00 Snack & Riddle 3:30 Art with Angie 4:30 Clean Up	9:30 Funny Videos 10:00 Sit & Be Fit 11:00 Book Club 1:30 Word Games 3:00 Snack & Chat 3:30 Music Appreciation 4:30 Clean Up	9:00 Funny Videos 10:00 Music Trivia 11:00 Blackout BINGO 1:30 Creative Arts/Craft 3:00 Snack & Riddle 3:30 Craft Cont'd 4:30 Clean up	9:00 Funny Videos 9:30 Sit & Be Fit 10:00 Balloon Volley 11:00 Crafting 3:00 Snack & Chat 4:30 Clean up	1:30 Movie 3:00 Snack and Riddle 3:30 Creative Arts 4:30 Clean Up
26	27	28	29	30	31	
9:00 Funny Videos 10:00 Worship 11:00 Coloring	11:00 Sing Fit 3:00 Snack & Chat 3:30 Creative Arts 4:00 Masked Singer 4:30 Clean Up	10:00 Resident Lead Activity 1:30 Classic BINGO 3:00 Snack & Riddle 3:30 Art with Angie 4:30 Clean Up	9:30 Funny Videos 10:00 Sit & Be Fit 11:00 Book Club 1:30 Word Games 3:00 Snack & Chat 3:30 Music Appreciation 4:30 Clean Up	9:00 Funny Videos 10:00 Music Trivia 11:00 Blackout BINGO 1:30 Creative Arts/Craft 3:00 Snack & Riddle 3:30 Craft Cont'd 4:30 Clean up	9:00 Funny Videos 9:30 Sit & Be Fit 10:00 Balloon Volley 11:00 Crafting 3:00 Snack & Chat 4:30 Clean up	

Hydration Station will be provided for every scheduled activity. Activities subject to change at any time without notice due to unforeseen circumstances. For questions/concerns please call: 360-452-9086