

Activities - October 2024

Highland Court
Memory Care

1704 Maundy Lane
360-452-9086

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday To: Shelby 23rd Ernie D. 28th	Dennis Blair Musician Book Club W/ Sherry Wright Choir Practice Music Therapy				
		1	2	3	4	5
		10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Blackout BINGO	10:00 Sit And Be Fit	10:00 Memory Lane
		11:30 Resident Lead Activity	11:00 Bookworm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice
		1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Crafts	1:30 Creative Arts	1:30 Movie
		3:00 Dennis B Performance	3:00 Music Appreciation	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Hydration Cart and
		3:00 Hydration Cart and	3:00 Hydration Cart and	Afternoon Snack	Afternoon Snack	Afternoon Snack
		Afternoon Snack	Afternoon Snack	3:30 Craft cont'd	3:30 Creative Arts Cont'd	3:30 Movie Chat
				4:30 Clean Up	4:30 Clean Up	4:30 Gardening & Clean Up
6	7	8	9	10	11	12
10:00 Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Blackout BINGO	10:00 Sing Fit	10:00 Memory Lane
1:30 Self Care Activity	11:00 Audio Book	11:30 Resident Lead Activity	11:00 Book Worm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice
3:00 Hydration Cart and	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft	1:30 Creative Arts	1:30 Movie
Afternoon Snack	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Music Appreciation	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Hydration Cart and
3:30 Self Care Continued	Afternoon Snack	Afternoon Snack	3:00 Hydration Cart and	Afternoon Snack	Afternoon Snack	Afternoon Snack
4:00 Closing Prayers	4:00 Resident Lead Activity	4:30 Clean Up	3:00 Hydration Cart and	3:30 Craft Cont'd	3:30 Creative Arts Cont'd	3:30 Movie Chat
	4:30 Clean Up		4:30 Clean up	4:30 Clean up	4:30 Clean up	4:30 Gardening & Clean Up
13	14	15	16	17	18	19
Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit		10:00 Sing Fit	10:00 Memory Lane
Self Care Sunday Activity	11:00 Audio Book	11:30 Resident Lead Activity	11:00 Book Worm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice
3:00 Hydration Cart and	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft	1:30 Creative Arts	1:30 Movie
Afternoon Snack	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Music Appreciation	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Hydration Cart and
Self Care Continued	Afternoon Snack	Afternoon Snack	3:00 Hydration Cart and	Afternoon Snack	Afternoon Snack	Afternoon Snack
Closing Prayers	4:00 Resident Lead Activity	4:30 Clean up	3:00 Hydration Cart and	3:30 Craft Cont'd	3:30 Creative Arts Cont'd	3:30 Movie Chat
4:30 Clean up	4:30 Clean up		4:30 Clean up		4:30 Clean up	4:30 Gardening & Clean Up
20	21	22	23	24	25	26
10:00 Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Blackout BINGO	10:00 Sing Fit	10:00 Memory Lane
1:30 Self Care Activity	11:00 Audio Book	11:00 Resident Lead Activity	1:45 Book Worm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice
3:00 Hydration Cart and	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft Club	2:00 - 4:00	1:30 Movie
Afternoon Snack	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Music Appreciation	3:00 Hydration Cart and	Halloween Party	3:00 Hydration Cart and
3:30 Self Care Continued	Afternoon Snack	Afternoon Snack	3:00 Hydration Cart and	Afternoon Snack		Afternoon Snack
4:00 Closing Prayers	4:00 Resident Activity & Craft	4:30 Clean up	3:00 Hydration Cart and	3:30 Craft Cont'd		3:30 Movie Chat
4:30 Clean up	4:30 Clean up		4:30 Clean up	4:30 Clean up	4:30 Clean up	4:30 Gardening & Clean Up
27	28	29	30	31		
10:00 Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit & Be Fit			
1:30 Self Care Activity	11:00 Audio Book	11:30 Resident Lead Activity	11:00 Book Worm Club	11:00 Blackout BINGO		
3:00 Hydration Cart and	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft Club		
Afternoon Snack	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Hydration Cart and	3:00 Hydration Cart and		
3:30 Self Care Continued	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack		
4:00 Closing Prayers	4:30 Clean up	4:30 Clean up	4:30 Clean up	3:30 Craft Cont'd		
4:30 Clean up				4:30 Clean up		

Hydration Station will be provided for every scheduled activity

Activities subject to change at any time without notice due to unforeseen circumstances.

For questions/concerns please call: 360-452-9086