

Activities - September 2024

Highland Court
Memory Care

1704 Melody Lane
(360) 452-9086

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Birthdays! Shelby 7 th Eileen 20 th		Dennis Blair Musician Book Club W/ Sherry Wright Fathers Day Brunch! Secords Duo Resident Birthday Party Church w/ Pastor Ben Music Therapy W/Andrew Choir Practice W/Rachel					
1	2	3	4	5	6	7	
10:00 Worship And Praise	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Music Therapy	10:00 Sit And Be Fit	10:00 Memory Lane	
1:30 Self-Care Sunday Activity	11:00 Audio Book	11:30 Resident Lead Activity	11:00 Bookworm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice	
3:00 Snack & Chat	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Crafts	1:30 Creative Arts	1:30 Movie	
3:30 Self-Care Continued	3:00 Hydration Cart and Afternoon Snack	3:00 Dennis B Performance	3:00 Music Appreciation	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	
4:30 Closing Prayers		3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack		3:30 Creative Arts Cont'd	3:30 Movie Chat	
8	9	10	11	12	13	14	
10:00 Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Music Therapy	10:00 Sing Fit	10:00 Memory Lane	
1:30 Self Care Sunday Activity	11:00 Audio Book	11:30 Resident Lead Activity	11:00 Book Worm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice	
3:00 Hydration Cart and Afternoon Snack	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft	1:30 Creative Arts	1:30 Movie	
3:30 Self Care Continued	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Music Appreciation	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	
4:00 Closing Prayers			Afternoon Snack	3:30 Craft Cont'd	3:30 Creative Arts Cont'd	3:30 Movie Chat	
15	16	17	18	19	20	21	
10:00 Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Music Therapy	10:00 Sing Fit	10:00 Memory Lane	
1:30 Self Care Sunday Activity	11:00 Audio Book	11:30 Resident Lead Activity	11:00 Book Worm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice	
3:00 Hydration Cart and Afternoon Snack	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft	1:30 Creative Arts	1:30 Movie	
3:30 Self Care Continued	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Music Appreciation	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	
4:00 Closing Prayers			Afternoon Snack	3:30 Craft Cont'd	3:30 Creative Arts Cont'd	4:30 Gardening & Clean Up	
22	23	24	25	26	27	28	
10:00 Worship	10:00 Sit And Be Fit	10:00 Classic Bingo	10:00 Sit And Be Fit	10:00 Music Therapy	10:00 Sing Fit	10:00 Memory Lane	
1:30 Self Care Sunday Activity	11:00 Audio Book	11:00 Resident Lead Activity	11:45 Book Worm Club	11:00 Blackout BINGO	11:00 Balloon Volleyball	11:00 Choir Practice	
3:00 Hydration Cart and Afternoon Snack	1:30 Sunny Times	1:30 Sing Fit	1:30 Word Games	1:30 Creative Arts/Craft	1:30 Creative Arts	1:30 Movie	
3:30 Self Care Continued	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Music Appreciation	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	3:00 Hydration Cart and Afternoon Snack	
Closing Prayers	Afternoon Snack		Afternoon Snack	3:30 Craft Cont'd	3:30 Creative Arts Cont'd	3:30 Movie Chat	
29	30					4:30 Gardening & Clean Up	
10:00 Worship	10:00 Sit And Be Fit						
1:30 Self Care Sunday Activity	11:00 Audio Book						
3:00 Hydration Cart and Afternoon Snack	1:30 Sunny Times						
3:30 Self Care Cont'd	3:00 Hydration Cart and Afternoon Snack						
4:00 Closing Prayers							