

AUGUST

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Monthly Birthdays: Henry 5th Doris 13th Nancy 22nd Carolyn 31st			10:00 COG Music Therapy 11:00 COG Black Out Bingo 11:00 SOC Nail & Hair Care 1:30 COG Creative Art/Craft Club 3:00 SOC snack n chat 3:30 PHY crafting continued 4:30 PHY clean up	1 10:00 PHY ping pong bounce 11:00 PHY balloon volley 1:30 COG Creative art 3:00 SOC snack n chat 3:30 COG creative arts continued 4:30 PHY clean up	2 10:00 COG memory lane 11:00 SOC sing a longs 1:30 SOC movie showing 3:00 SOC snack n chat 3:30 COG movie chat 4:30 PHY Gardening and clean up
4 10:00 SPR worship 1:30 PHY self care sunday activity 3:00 SOC snack n chat 3:30 PHY self care continued 4:00 SPR closing prayers 4:30 PHY clean up	5 10:00 PHY Sit & Be fit 11:00 SPR Mindfulness Mondays 1:30 SOC Patio Social 3:00 PHY Ice cream Social & Hydration Cart 4:00 PHY Room Clean & Organize	6 10:00 COG Classic Bingo 11:30 COG Resident Led Activity 1:30 COG Creative Art & Craft Club 3:00 PHY Hydration & Afternoon Snack 3:00 COG Dennis performance 4:00 PHY Room Clean & Organize	7 10:00 SOC Room Visits 10:00 PHY Sit & Be Fit 11:00 COG Book Worm Club 1:30 COG Family Feud Hour 1:30 PHY Walk & Talk 3:00 SPR Music Appreciation 4:00 PHY Room Clean & Organize	8 10:00 COG Music Therapy 11:00 COG Black Out Bingo 11:00 SOC Nail & Hair Care 1:30 COG Creative Art/Craft Club 3:30 PHY crafting continued 4:00 PHY Room Clean & Organize	9 10:00 PHY ping pong bounce 11:00 PHY balloon volley 1:30 COG Creative art 3:30 COG creative arts continued 4:00 PHY Room Clean & Organize	10 10:00 COG memory lane 11:00 SOC sing a longs 1:30 SOC movie showing 2:30 COG Hawaiian Performance 4:00 PHY Room Clean & Organize 4:30 PHY Gardening and clean up
11 10:00 SPR worship 1:30 PHY self care sunday activity 3:30 PHY self care continued 4:00 SPR closing prayers 4:00 PHY Room Clean & Organize	12 10:00 PHY Sit & Be Fit 10:00 PHY Sit & Be Fit 11:00 SPR Mindfulness Mondays 1:30 SOC Outdoor Patio Social 3:00 SOC Tasteful Delights & Hydration Chart 4:00 PHY Room Clean & Organize	13 10:00 COG Classic Bingo 11:30 COG Resident Led Activity 1:30 COG Sing Fit 3:00 PHY Hydration Cart & Afternoon Snack 3:15 COG Cooking Corner Club 4:00 PHY Room Clean & Organize	14 10:00 SOC Room Visits 10:00 PHY Sit & Be Fit 11:00 COG Book Worm Club 1:30 COG Word Scramblers 1:30 PHY Walk & Talk 3:00 SPR Music Appreciation 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	15 10:00 COG Music Therapy 11:00 COG Black Out Bingo 11:00 SOC Nail & Hair Care 1:30 COG Creative Art/Craft Club 3:00 PHY Hydration Cart & Afternoon Snack 3:30 PHY crafting continued 4:00 PHY Room Clean & Organize	16 10:00 PHY ping pong bounce 11:00 PHY balloon volley 1:30 COG Creative art 3:00 PHY Hydration Cart & Afternoon Snack 3:30 COG creative arts continued 4:00 PHY Room Clean & Organize	17 10:00 COG memory lane 11:00 SOC sing a long 1:30 SOC movie showing 3:00 PHY Hydration Cart & Afternoon Snack 3:30 COG movie chat 4:00 PHY Room Clean & Organize 4:30 PHY Gardening and clean up
18 10:00 SPR worship 1:30 PHY self care sunday activity 3:00 PHY Hydration Cart & Afternoon Snack 3:30 PHY self care continued 4:00 SPR closing prayers 4:00 PHY Room Clean & Organize	19 10:00 PHY Sit & Fit 10:00 PHY Sit & Be Fit 11:00 SPR Mindfulness Mondays 1:30 SOC Outdoor Patio Social 3:00 SOC Ice Cream Social & Hydration Cart 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	20 10:00 COG Classic Bingo 11:30 COG Resident Led Activity 1:30 COG Sing Fit 3:00 COG Cooking Corner Club 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	21 10:00 SOC Room Visits 10:00 PHY Sit & Be Fit 11:00 COG Book Worm Club 1:30 COG Let's Get Trivial! 1:30 PHY Walk & Talk 3:00 SPR Music Appreciation 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	22 10:00 COG Music Therapy 11:00 COG Black Out Bingo 11:00 SOC Nail & Hair Care 1:30 COG Creative Art/Craft Club 3:00 PHY Hydration Cart & Afternoon Snack 3:30 PHY crafting continued 4:00 PHY Room Clean & Organize	23 10:00 PHY ping pong bounce 11:00 PHY balloon volley 1:30 COG Creative art 3:00 PHY Hydration Cart & Afternoon Snack 3:30 COG creative arts continued 4:00 PHY Room Clean & Organize	24 10:00 COG memory lane 11:00 SOC sing alongs 1:30 SOC movie showing 3:00 PHY Hydration Cart & Afternoon Snack 3:30 COG movie chat 4:00 PHY Room Clean & Organize 4:30 PHY Gardening and clean up
25 10:00 SPR worship 1:30 PHY self care sunday activity 3:00 PHY Hydration Cart & Afternoon Snack 3:30 PHY self care continued 4:00 SPR closing prayers 4:00 PHY Room Clean & Organize	26 10:00 PHY Sit & Be Fit 11:00 SPR Mindfulness Mondays 1:30 SOC Outdoor Patio Social 1:45 COG book club 3:00 SOC Tasteful Delights & Hydration Chart 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	27 10:00 COG Classic Bingo 11:30 COG Resident Led Activity 1:30 COG Sing Fit 3:00 COG Cooking Corner Club 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	28 10:00 SOC Room Visits 10:00 PHY Sit & Be Fit 11:00 COG Book Worm Club 1:30 COG Board Games 1:30 PHY Walk & Talk 3:00 SPR Music Appreciation 3:00 PHY Hydration Cart & Afternoon Snack 4:00 PHY Room Clean & Organize	29 10:00 COG Music Therapy 11:00 COG Black Out Bingo 11:00 SOC Nail & Hair Care 1:30 COG Creative Art/Craft Club 3:00 PHY Hydration Cart & Afternoon Snack 3:30 PHY crafting continued 4:00 PHY Room Clean & Organize	30 10:00 PHY ping pong bounce 11:00 PHY balloon volley 1:30 COG Creative art 3:00 PHY Hydration Cart & Afternoon Snack 3:30 COG creative arts continued 4:00 PHY Room Clean & Organize	31 10:00 COG memory lane 11:00 SOC sing a longs 1:30 SOC movie showing 3:00 PHY Hydration Cart & Afternoon Snack 3:30 COG movie chat 4:00 PHY Room Clean & Organize 4:30 PHY Gardening and clean up