

January 2023 activities Highland Court Memory Care

| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
|--|--|---|--|---|--|--|
| 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd HAPPY NEW YEAR! 5:30 Dinner | 9:30 SING FIT 10:30 Bean Bag Toss 12:30 Lunch 1:30 Word Play/Storytelling 3:30 (Snack Time) 4:30 Giggle Fits & Cleanup Funny Videos 5:30 Dinner | 9:30 SING FIT 10:30 Ping Pong Bounce 12:30 Lunch 1:30 Ping Pong Bounce 3:00 DENNIS BLAIR Music 3:30 (Snack Time) 4:30 News- Daily Dose 5:30 Dinner | 9:30 BINGO-THON!! 10:30 (Snack Time) 12:30 Lunch 1:30 More BINGO!! 3:30 (Snack Time) 4:00 More BINGO!! 5:30 Dinner | 9:30 Dart Balls 10:30 Target Practice 12:30 Lunch 1:30 SING FIT 2:30 Coffee 3:30 (Snack Time) 4:30 Giggle Fits 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner |
| 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 9:30 SING FIT 10:30 Crafts 12:30 Lunch 1:30 Coffee/Tea 2:30 RUDIGER ROO Clown 3:30 (Snack Time) 5:30 Dinner | 9:30 SING FIT 10:30 Crafts 12:30 Lunch 1:30 Crafts Cont'd 3:30 (Snack Time) 4:30 News- Daily Dose 5:30 Dinner | 9:30 BINGO-THON!! 10:30 (Snack Time) 12:30 Lunch 1:30 More BINGO!! 3:30 (Snack Time) 4:00 More BINGO!! 5:30 Dinner | 9:30 SING FIT 10:30 Art!! 12:30 Lunch 1:30 Ping Pong Bounce 3:30 Snacks & Coffee 4:30 Giggle Fits 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner |
| 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 9:30 SING FIT 10:30 Treasure Hunt (ALL DAY EVENT) 12:30 Lunch 3:00 SECORDS Music 3:30 (Snack Time) 4:30 News- Daily Dose 5:30 Dinner | 9:30 SING FIT 10:30 SENIOR SINGERS 11:00 Walk-a-Thon 12:30 Lunch 1:30 Ping Pong Bounce 3:30 (Snack Time) 4:30 Giggle Fits 5:30 Dinner | 9:30 BINGO-THON!! 10:30 (Snack Time) 12:30 Lunch 1:30 More BINGO!! 3:30 (Snack Time) 4:00 More BINGO!! 5:30 Dinner | 9:30 SING FIT 10:30 Balloon Toss 12:30 Lunch 1:30 Darts/Target Practice 3:30 Snacks & Coffee 4:30 Giggle Fits 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner |
| 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 9:30 SING FIT 10:30 Crafts 12:30 Lunch 1:45 SHERRY WRIGHT 2:30 Window Clings /Snack 4:30 Giggle Fits 5:30 Dinner | 9:30 SING FIT 10:30 Art!! 12:30 Lunch 2:30 Window Clings /Snack 3:30 (Snack Time) 4:30 News- Daily Dose 5:30 Dinner | 9:30 BINGO-THON!! 10:30 (Snack Time) 12:30 Lunch 1:30 More BINGO!! 3:30 (Snack Time) 4:00 More BINGO!! 5:30 Dinner | 9:30 SING FIT 10:30 KARAOKE 12:30 Lunch 1:30 CARDS-Group Game 3:30 (Snack Time) 4:30 Giggle Fits 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 10:30 Snack & Chat 12:30 Lunch 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner |
| 10:30 Snack & Chat 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 (Snack Time) 4:00 News/TV Movie Cont'd 5:30 Dinner | 9:30 SING FIT 10:30 Ping Pong Bounce 12:30 Lunch 1:30 Action Movie/ Snack Be a Critic! :) 3:30 (Snack Time) 5:30 Dinner | 9:30 SING FIT 10:30 Crafts 12:30 Lunch 1:30 Crafts Cont'd 3:30 (Snack Time) 4:30 News- Daily Dose 5:30 Dinner | <h2>Happy New Year!!</h2> | | <p><i>January Birthdays</i></p> <p>Jan 11 Barb B, Nancy W Jan 12 Cathy A Jan 13 Erni S</p> | |