



SEPTEMBER 2022 activities

Highland Court Memory Care

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<p><i>MEAL TIMES</i> Breakfast 8:30 Lunch 12:30 Dinner 5:30 Snacks 1:30 & 3:30 and all day on request.</p>				10:30 Snack/Chat/ Daily Chronicle 1 1:30 Coffee/Tea 2:00 Crafts 3:30 Snacks (Crafts Cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 2 1:30 Coffee/Tea 2:15 Balloon Volley 2:45 Manicures 3:30 Snack/Chat 4:15 Sing Fit	10:30 Snack/Chat/ Daily Chronicle 3 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack
10:30 Snack/Chat/ Daily Chronicle 4 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack	10:30 Snack/Chat/ Daily Chronicle 5 1:30 Coffee/Tea 2:30 TV Comedy Hour 3:30 Snack 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 6 1:30 Coffee/Tea 3:00 DENNIS BLAIR (Music) 3:15 Snack/ (Music cont'd) 4:30 Balloon Volley	10:30 Snack/Chat/ Daily Chronicle 7 1:30 Coffee/Tea 2:30 BINGO!! 3:30 Snack (Bingo cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 8 1:30 Coffee/Tea 2:00 Crafts 3:30 Snacks (Crafts Cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 9 1:30 Coffee/Tea 2:30 FALL FACE PAINT 3:30 Snack/Chat 4:15 Sing Fit	10:30 Snack/Chat/ Daily Chronicle 10 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack
	LABOR DAY					
10:30 Snack/Chat/ SEPT 11 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack Sally's Birthday	10:30 Snack/Chat/ Daily Chronicle 12 1:30 Coffee/Tea 3:00 RUDIGER ROO -Clown 3:15 Snack (Clown cont'd) 4:15 SingFit	10:00 THRESHOLD CHOIR 10:30 Snack/Chat/ Daily Chronicle 13 1:30 Coffee/Tea 2:30 TV Comedy Hour 3:30 Snack 4:30 Balloon Volley	10:30 Snack/Chat/ Daily Chronicle 14 1:30 Coffee/Tea 2:30 BINGO!! 3:30 Snack (Bingo cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 15 1:30 Coffee/Tea 2:00 Crafts 3:30 Snacks (Crafts Cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 16 1:30 Coffee/Tea 2:15 Balloon Volley 2:45 Manicures 3:30 Snack/Chat 4:15 Sing Fit	10:30 Snack/Chat/ Daily Chronicle 17 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack ALZHEIMERS WALK PORT TOWNSEND
10:30 Snack/Chat/ Daily Chronicle 18 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack	10:30 Snack/Chat/ Daily Chronicle 19 1:30 Coffee/Tea-Activity Rm 3:00 SECORDS (Music) 3:15 Snack (Music cont'd) 4:15 SingFit Paul's Birthday	10:30 Snack/Chat/ Daily Chronicle 20 1:30 Coffee/Tea 3:00 DEREK (Violin Music) 3:15 Snack/ (Music cont'd) 4:30 Balloon Volley	10:30 Snack/Chat/ Daily Chronicle 21 1:30 Coffee/Tea 3:15 Snack/Chat 2:30 BINGO!! 4:30 Sing Fit	10:30 Snack/Chat/ Daily Chronicle 22 1:30 Coffee/Tea 2:00 Crafts 3:30 Snacks (Crafts Cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 23 1:30 Coffee/Tea 2:30 PAINT & SIP 3:30 Snack/Chat 4:15 Sing Fit	10:30 Snack/Chat/ Daily Chronicle 24 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack
10:30 Snack/Chat/ Daily Chronicle 25 1:30 Coffee/Tea 2:00 Sitcom/Movie 3:30 Snack	10:30 Snack/Chat/ Daily Chronicle 26 1:30 Coffee/Tea 1:45 SHERRY WRIGHT Story Time 3:15 Snack/Chat 4:15 SingFit	10:00 THRESHOLD CHOIR 10:30 Snack/Chat/ Daily Chronicle 27 1:30 Coffee/Tea 2:30 TV Comedy Hour 3:30 Snack 4:30 Balloon Volley	10:30 Snack/Chat/ Daily Chronicle 28 1:30 Coffee/Tea 2:30 BINGO!! 3:30 Snack (Bingo cont'd) 4:15 Sing Fit	10:30 Snack/Chat/ Daily Chronicle 29 1:30 Coffee/Tea 2:00 Crafts 3:30 Snacks (Crafts Cont'd) 4:15 SingFit	10:30 Snack/Chat/ Daily Chronicle 30 1:30 Coffee/Tea 2:15 Balloon Volley 2:45 Manicures 3:30 Snack/Chat 4:15 Sing Fit	

Highland Court Memory Care- 1704 Melody Circle, Port Angeles WA 98362 360-452-9086

Activities subject to change at any time without notice due to unforeseen circumstances.